

St. Richard Grief Ministry Support Program

*“Blessed are those who mourn,
for they will be comforted.”
~ Matthew 5:4*

**The loss of a loved one can be painful, emotional, lonely and confusing.
It changes your world forever.**

The grief that comes from the death of a spouse, child, parent or sibling doesn't end when the funeral is over, or even months later. The hard reality is that while it will ease and change it will be a part of us forever.

While each person's grief is personal, if someone you loved has died, being with others who have experienced a similar loss can help. Whether your loss occurred in the last year, or several years ago, being with people who truly understand your experience and feelings can ease your pain, calm your fears and increase your support system.

If someone you loved has died, you are invited to participate in a Grief Ministry Support Program. This eight-week program is based on the book No One Cries the Wrong Way by Fr. Joe Kempf. Its healing ministry has been in place at other parishes for nearly a decade. You will find support and fellowship through prayer, conversation, a video presentation and various activities.

This program will be held each Thursday from March through May at 7 p.m. in the Sacred Heart Room in the Parish Life Center, unless otherwise noted.

March 9
March 16
March 23
March 30
April 6
April 13 (*No Meeting – Holy Thursday*)
April 20
April 27
May 4

To learn more about the program and to register, please contact Deacon Ron Reuther at 636-532-6525 or deaconronreuther@yahoo.com.

*“Do not be discouraged,
for the Lord your God will be with you where you go.”
~ Joshua 1:9*